



# MUNICIPALITÉ AMIE DES AÎNÉS PORT-DANIEL-GASCONS



MADA ACTION PLAN  
2013-2015

## MADA ACTION PLAN PORT-DANIEL-GASCONS 2013-2015

AXE 1 : RECREATION, SPORTS AND CULTURE							
OBJECTIVES	ACTIONS	INDICATORS OF SUCCESS	RESPONSIBLE	PARTNERS	SCHEDULE		
					1yr	2yrs	3yrs
1. Encourage active ageing by adapting recreation, sports and culture for the reality of the seniors.	1. Conserve and maintain functional infrastructure for sports, leisure and culture.	1. Infrastructure remains functional and in good condition	Municipality		x		
	2. Financial support and services to the three 50 + clubs in the construction of two boules lawns and other lawn games.	2. Two outdoor game areas will be built.	Municipality The 50+ Clubs	Municipality	x		
2. Publicise recreation, sports and culture services offered by the municipality to seniors.	1. Publish a common calendar of activities for the different social groups in the municipal News bulletin.	1. The shared calendar will appear in the News Bulletin three times a year	Municipality	The 50 + Clubs Les cercles de Fermières Le centre de plein air La souche	x		
3. Improve the quantity of senior activities and make it more accessible to the general public by providing transportation.	1. Support social clubs in the implementation of activities such as yoga, swimming and computer access; help with the organization of transportation to these activities.	1. The range of activities for seniors will be more diverse in Port-Daniel-Gascons and transportation will be provided for some of these workshops.	Municipality	The MADA Committee	x		

## MADA ACTION PLAN PORT-DANIEL-GASCONS 2013-2015

AXE 2 : COMMUNITY LIFE AND CITIZEN PARTICIPATION							
OBJECTIVES	ACTIONS	INDICATORS OF SUCCESS	RESPONSIBLE	PARTNERS	SCHEDULE		
					1yr	2yrs	3yrs
1. Promote community development and maintenance of social networks involving the age group 50 +.	1. Financial support for services and initiatives for community groups holding events or activities involving values and active aging initiatives for seniors.	1. Community initiatives encouraging active ageing will be provided with financial and technical support by the municipality.	Municipality	MRC/CLD CRÉ	x		
		2. An annual meeting involving the community of Port-Daniel-Gascons will be held.	Municipality	Social Groups	x		
2. Develop and promote volunteer work	1. Recognize the work of volunteers at an annual event (to be held during the Quebec Volunteer Action Week).	1. An afternoon to recognize the commitment of volunteers will be held.	Municipality	Social Groups	x		
	2. Recognize and highlight the years of operation and services provided by various organisations.	2. Commemorative plaques will be awarded to organizations celebrating important anniversaries.	Municipality		x		

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AXE 2 : COMMUNITY LIFE AND CITIZEN PARTICIPATION							
OBJECTIVES	ACTIONS	INDICATORS OF SUCCESS	RESPONSIBLE	PARTNERS	SCHEDULE		
					1yr	2yrs	3yrs
3. Effectively communicate and publish information for seniors.	1. Maintain information widely available to the public on all proposed municipal activities.	1. The public is informed via the News Bulletin	Municipality		X		
	2. Create a page on the municipal website to promote and announce activities offered by various organizations	1. Web page will be created on the municipal website in order to announce the activities of various organizations.	Municipality	Social Groups		X	
4. Enhance the role of seniors in our community	1. Highlight the International Day of Older Persons, October 1 <sup>st</sup> .	1. An activity will be held to commemorate the day.	Municipality	MADA Committee	X		
5. Encourage the MADA Committee to remain active and engaged.	1. Identify a responsible MADA committee that mobilizes and monitors the process.	1. Have a committee that advances projects and meets established goals with the support of the municipality.	Municipality	MADA Committee	X		

## MADA ACTION PLAN PORT-DANIEL-GASCONS 2013-2015

AXE 3 : To age better at home							
OBJECTIVES	ACTIONS	INDICATORS OF SUCCESS	RESPONSIBLE	PARTENERS	SCHEDULE		
					1yr	2yrs	3yrs
1. Inform the public of services available to seniors	1. Announce regular services offered by the l'Association des Aînés, le Centre d'action bénévole Gascons-percé et le Centre d'action bénévole St-Siméon –Port-Daniel in the Municipal news bulletin.	1. The services offered to seniors by various organizations will be published in the News Bulletin every two months.	Municipality	Organizations providing services to seniors	x		
	2. Hold roundtable meetings with the 50+ clubs and the agencies providing services to support the exchange and sharing of information	1. The roundtable meetings will be held twice a year by the 50+clubs with the organizations providing services to seniors	50 + Clubs	Organizations providing services to seniors	x		
2. Evaluate the requirements for housing and intermediate resources (long-term care facilities) in order to allow seniors to remain in their community, regardless of their functional independence.	1. The municipality will appoint a committee which will assess housing requirements and provide recommendations according to the results of the assessment.	1. A rapport evaluating housing needs based on varying degrees of functional independence will be presented to the municipal council.	Committee appointed by the Municipal Council	Marie Houde du Groupe Ressource en Logement Collectif Gaspésie-Îles-de-la-Madeleine  CSSS Rocher-Percé			x

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<b>3. Foster a sense of safety and independence of seniors by preventing abuse</b>	<b>1. Promote the "Senior-Aware" program to seniors groups</b>	<b>1. Roundtable meetings will be held in 50 +clubs to present the "Senior-Aware" program</b>	<b>50 + Clubs</b>	<b>Agent Isabelle Cyr from the Sureté du Québec</b>			
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